



Your Hidden Symmetry: How Your Birth Date Reveals the Plan for Your Life

By Jean Haner

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On the day you were born, you were imprinted with a plan and a purpose—elegant patterns that can be read to see who you really are and what your true calling is. And like your own personal tide table, the ebbs and flows of each phase of your life were set into motion on the day of your birth. Based on ancient Chinese principles of balance and health, this book gives you a rich understanding of your hidden symmetry—the intricate inner design that influences who you are and how your life unfolds. This book is not about astrology or numerology; it is based on thousands of years of research about how time moves in natural patterns and profoundly affects your life. You can use this knowledge to discover the themes running through your life experience, tap into your core strengths, find lasting love, and do your best work in the world. Jean Haner shows you how to ride the waves instead of fight the current of your life, learn how to make best use of what's coming in future years, and understand why things happened as they did in the past. Jean will guide you to discover who you really came here to be, recognize the true nature of everyone you meet, and break free of old limitations—and create a life of conscious vitality, joy, ease and love!

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Your Hidden Symmetry: How Your Birth Date Reveals the Plan for Your Life By Jean Haner Bibliography

- Sales Rank: #99375 in Books
- Brand: Unknown
- Published on: 2013-05-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 6.00" w x .75" l, .75 pounds
- Binding: Paperback
- 264 pages

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Editorial Review

Review

“The wisdom Jean Haner presents in *Your Hidden Symmetry* has been valuable in my own life over the years. I highly recommend it as a way to love and accept yourself, as well as the way your life is unfolding. I’m delighted to contribute the affirmations in this book to support your journey!”

— **Louise L. Hay**, the *New York Times* best-selling author of *You Can Heal Your Life*

“Your Hidden Symmetry will help you to know yourself, accept yourself, and be true to who you really are. Jean Haner presents an ancient wisdom for living an authentic life. Her work is a gift to the world.”

— **Robert Holden, Ph.D.**, author of *Shift Happens!* and *Loveability*

“With grace and wisdom born of an innate understanding of the human spirit, Jean will gently guide you down the path to profound self-understanding in this heartfelt book. Highly recommended!”

— **Denise Linn**, author of *Soul Coaching* and *Sacred Space*

“In *Your Hidden Symmetry*, Jean Haner draws on a little-known but powerful ancient knowledge to provide readers with invaluable clues to an authentic, rich, and meaningful life. The book will be an inspiring and unique addition to any seeker’s library.”

— **Lorie Eve Dechar**, author of *Five Spirits*

About the Author

Jean Haner, the author of *The Wisdom of Your Face* and *The Wisdom of Your Child’s Face*, teaches compassionate and affirming ways for people to understand their true inner nature, and to feel love for everyone in their lives. With her 30-year background in ancient Chinese principles of balance and health, Jean is well known for providing grounded, practical information that can be put to immediate use in life.

Website: www.wisdomofyourface.com

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Frances York:

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