



Energy Medicine: Practical Applications and Scientific Proof

By C. Norman Shealy

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As Dr. Norm Shealy puts it, Energy Medicine is the future of our health. Shealy's approach to Energy Medicine incorporates alternative and holistic therapies, offering you a practical guide with ten major complementary and alternative medical (CAM) approaches to: Nutrition and lifestyle Mind-Body medicine Traditional Chinese medicine Yoga and Ayurvedic medical systems Homeopathy Bioenergetic medicine Herbal medicine Dietary supplements and vitamins Chiropractic and osteopathic therapies Massage

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Editorial Review

About the Author

C. NORMAN SHEALY, MD, PhD, is a neurosurgeon, psychologist, and founding president of the American Holistic Medical Association. For over three decades, he has been at the forefront of alternative medicine and alternative health care. He holds ten patents for innovative discoveries in medicine, has published more than 300 articles, and authored more than 24 books. He is the co-founder of the American Board of Scientific Medical Intuition, and perhaps the world's foremost medical expert on medical intuition. Learn more at NormShealy.com.

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