



BDSM Mastery-Relationships:: a guide for creating mindful relationships for Dominants and submissives

By Robert J. Rubel Ph.D.

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This is the second book in the BDSM Mastery series. While the first book oriented readers to play, parties, and scene protocols, this book addresses Dominant/submissive relationships. What, you might ask, are "BDSM Relationships?" These are "adventurous" relationships. Relationships that are not exactly like vanilla relationships. BDSM relationships differ in two specific ways from your typical vanilla relationship: first, they usually involve a power-imbalanced structure (one person is clearly in charge and the other person is clearly following); second, the kind of sex that adventuresome folks practice is, well, not vanilla. I wrote this book to help you better to understand the power dynamics that get involved with what are called power-imbalanced relationships (usually referred to as Dominant/submissive or D/s relationships).

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Editorial Review

About the Author

Robert J. Rubel, Ph.D. Robert Rubel (Dr. Bob), author, educator and photographer is an educational sociologist and researcher by training. He and his partner currently have six books in print and two DVDs (one on fire play and one on beginning impact play). The recipient of the 2008 Pantheon of Leather's Community Choice Award (man), Dr. Bob has been involved in the BDSM and Total Power Exchange (TPE) scene since the summer of 2001, throwing himself into the literature of the field as though it were an academic study. He presents, judges, and sells his books at weekend kink conferences throughout the year. M. Jen Fairfield Ms Fairfield grew up in the world of authority-imbalanced relationships. She was the daughter of a military officer who taught his family about honor, integrity, and loyalty as well as about formal, structured behavior. Jen found her home in the Leather culture in the fall of 2010 and has embraced her calling as a Leather woman—to live a highly focused life with partners who are willing to hold themselves to exacting moral and ethical standards.

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