

# **Creative Counseling 101: A Step by Step Guide to Creative Therapy**

By Michelle Stangline



### **Creative Counseling 101: A Step by Step Guide to Creative Therapy** By Michelle Stangline

Learn how to be a more Creative Counselor / Therapist with the Book that started it all!

Learn step by step therapy with over fifty-five counseling and therapy techniques and activities. Includes full color reproducible worksheets with most activities.

- Winner of the Counselor Writer of the Year Award, 2011

Learn even more about Creative Counseling 101 techniques in this 159 page book. This colorful book has even more ideas to help you become the best Creative Counselor you can be!

Creative Counseling techniques that are included in the book are:

- Creative Play Therapy Activities With Illustrated Worksheets
- Creative Sand Tray Therapy
- Creative Warm-ups with Clients
- Creative Self-Esteem Techniques with Illustrated Worksheets
- Creative Anger Management Techniques with Illustrated Worksheets
- Creative Miniature Worlds with Illustrations
- Ending the Therapy Sessions

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