



Human Growth and Development Across the Lifespan: Applications for Counselors

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A practically focused guide to effective counseling of all clients

Human Development Across the Life Span is a practical guide to human growth and development, moving beyond theory to include real-world applications for counselors who work with clients. Written by recognized authorities in mental health counseling and counselor education, this book is fully aligned with the American Counseling Association's accreditation standards and includes contributions by well-known and respected academics and practitioners. Based on an extensive review of course syllabi across CACREP-accredited programs, this book is organized to follow the way courses are typically taught and follows a consistent structure including pedagogical elements that help students learn. After a thorough examination of essential concepts and theories of life span development, the book moves through each stage of human growth and development to provide expert insight, short case studies, and practical applications to counseling. The full Instructor's package provides a useful set of tools, including a Respondus test bank, PowerPoint slides, and an Instructor's Manual.

This book is the only text on human growth and development that emphasizes the key implications and applications for counselors, providing useful information and the insights of real experts in each subject area.

- Understand the developmental milestones at each life stage
- Appreciate clients' perspectives to better facilitate appropriate interventions
- Work more effectively with clients of any age, from toddlers to seniors
- Tailor your approach to meet the unique needs and abilities of each life stage

As a counselor, you cannot approach a child's therapy the same way you approach an adult's. Even within each major category, each developmental stage includes a nuanced set of characteristics that, considered appropriately, will inform a more effective treatment plan. *Human Development Across the Life Span* is a comprehensive guide to understanding all of your clients, and providing the type of counseling that facilitates more positive outcomes.

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Editorial Review

From the Back Cover

A PRACTICAL EXPLORATION OF THE LINK BETWEEN LIFE STAGE AND THERAPEUTIC APPROACH

Understanding human psychological development is essential for counselor training, but few truly explore the practical ways in which this knowledge can be used to improve client outcomes. *Human Growth and Development Across the Lifespan* provides in-depth coverage of each life stage, with expert-led discussion of the ways in which a client's developmental stage can inform a more effective approach to counseling.

Fully aligned with CACREP accrediting standards, this text features authoritative contributions from some of the leading minds in the field, with learning tools that assist in information retention and true understanding.

Human Growth and Development Across the Lifespan:

- Provides a uniquely practical perspective on human growth and development, focusing on key clinical applications
- Thoroughly explores the essential concepts and theories of life span development
- Systematically walks through each stage of human growth and development to promote a deeper understanding of clients of all ages

A client's response to therapy is a function of both development and disorder. When counseling is conducted with attention to developmental stage, clinicians are better able to understand clients' perspectives and facilitate more positive outcomes. *Human Growth and Development Across the Lifespan* is an essential guide for therapists, students, and lay people.

About the Author

DAVID CAPUZZI, PHD, NCC, LPC, is a counselor educator and core faculty member in mental health counseling at Walden University, and professor emeritus at Portland State University. He is past president of the American Counseling Association (ACA), and past Chair of both the ACA Foundation and the ACA Insurance Trust.

MARK D. STAUFFER, PHD, NCC, is a core faculty member in the mental health counseling program at Walden University. His research focuses on Eastern methods and East-West collaboration, and his training in Zen tradition has made him a sought-after speaker on meditation and mindfulness-based therapies.

Users Review

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Tyler Smith:

This Human Growth and Development Across the Lifespan: Applications for Counselors book is just not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is

information inside this guide incredible fresh, you will get data which is getting deeper you read a lot of information you will get. This particular Human Growth and Development Across the Lifespan: Applications for Counselors without we understand teach the one who examining it become critical in thinking and analyzing. Don't end up being worry Human Growth and Development Across the Lifespan: Applications for Counselors can bring if you are and not make your bag space or bookshelves' come to be full because you can have it with your lovely laptop even telephone. This Human Growth and Development Across the Lifespan: Applications for Counselors having very good arrangement in word and also layout, so you will not feel uninterested in reading.

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