



Herbs & Spices: The Cook's Reference

By Jill Norman

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Herbs & Spices: The Cook's Reference By Jill Norman

Herbs & Spices is the essential cook's companion, now redesigned and updated with all new recipes.

A classic reference, the best-selling *Herbs & Spices* is a trusted resource in the kitchen, with more than 200 unique herbs and spices from around the world showcased alongside gorgeous, full-color photography, flavor notes, and pairings. This new, updated edition includes the newest herbs, spices, and flavorings influencing global cuisine today, plus more than 180 recipes for main dishes, marinades, pastas, pickles, and sauces.

Part spice cookbook, part kitchen encyclopedia, *Herbs & Spices* offers handy seasoning how-tos:

- How to identify and choose the best herbs, spices, and other flavorings.
- How to prepare and cook with them to ensure you are making the most of their flavors.
- How to make your own blends, spice rubs, sauces, and more — then customize them for your family's palate.

Herbs & Spices is perfect for beginning cooks just setting up a kitchen, foodies exploring the deliciously exotic mash-ups of today's modern cooking, and experts looking for ways to experiment with new flavor combinations. This practical illustrated reference book gives you all the guidance you need to become a master of seasonings and to make tantalizing food from around the world.

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Editorial Review

From [Booklist](#)

More and more herbs and spices appear in American kitchens daily, encouraged by television chefs and promoted through new ethnic cuisines entering the mainstream. Jill Norman's *Herbs & Spices* comes at exactly the right moment to guide readers through the tangle of leaves, seeds, and berries. Norman thoughtfully organizes herbs into major classifications by their predominant bouquets. This approach immediately assists the cook looking for substitutions. Norman's tasting notes, borrowing a vocabulary identical to that used for wine, establish a standard language for characterizing each item's salient aromas and flavors. Full-color, close-up pictures aid in identification. Text outlines culinary uses and purchasing and storing data and gives information on growing one's own herbs. A short recipe section offers examples of how specific herbs and spices are used in cooking. A directory of mail-order sources further assists those who lack local access. Norman has made a vital contribution to reference collections for quick identification of species and for the use of herbs and spices in cooking. *Mark Knoblauch*
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Review

"Jill Norman's *Herbs & Spices* comes at exactly the right moment to guide readers through the tangle of leaves, seeds, and berries." — **Booklist**

"Both novice and expert cooks will find much to savor here." — **Booklist**

"Readers who want to experiment with something different will enjoy flipping through the various flavor sections with their favorite cookbook in the other hand." — **Library Journal**

"If you've stopped reading cookbooks because the truly inspirational have become few and far between, make space on your bookshelf for this one." — **Foodies West Magazine**

About the Author

Jill Norman is the author of DK's *The Complete Book of Spices* and has an extensive knowledge of food and cooking styles from around the world.

Users Review

From reader reviews:

Harry Crawford:

What do you regarding book? It is not important to you? Or just adding material when you need something to explain what your own problem? How about your free time? Or are you busy person? If you don't have spare time to complete others business, it is gives you the sense of being bored faster. And you have spare time? What did you do? Every individual has many questions above. They should answer that question since just their can do in which. It said that about publication. Book is familiar on every person. Yes, it is appropriate. Because start from on jardín de infancia until university need this specific *Herbs & Spices: The Cook's Reference* to read.

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