



Cory Helps Kids Cope with Divorce: Playful Therapeutic Activities for Young Children

By Liana Lowenstein

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This book is part of the CORY series to help children cope with challenging issues. The first in the series presents engaging activities to help very young clients cope with divorce. Cory, the central character in the story, helps children gradually confront and process their feelings and reactions related to the divorce. Therapeutic games, art, and other playful activities are incorporated to lower the threat level of therapy and engage children in treatment. Includes a reproducible story, activities, and detailed parent handouts. Geared to children aged 4 to 8.

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Editorial Review

Review

This volume is a great contribution to the library of therapists who work with very young children of divorce. It provides imaginative, engaging activities for children and includes parents on the therapeutic path with specific tips and handouts. Inventive and unique! --Dr. Helen Radovanovic, C. Psych. Registered Psychologist in Private Practice

This manual offers creative, play-based techniques for working with young children coping with divorce. I have used many of the interventions myself and have found them to be exciting and illuminating for these young children. --Laurie Stein, LLB, MSW, RSW, Connections Child and Family Counselling

The playful and engaging activities for children and the handouts for parents make this book a valuable resource for clinicians working with young children impacted by divorce. I will use this book again and again. --Pam Dyson, MA, LPC, RPT, Director, St. Louis Center for Play Therapy Training

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About the Author

Liana Lowenstein is a Registered Clinical Social Worker and a Certified Play Therapist and Supervisor who has been working with children and their families since 1988. Liana has authored numerous books, including the highly acclaimed Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children (1997), Creative Interventions for Troubled Children & Youth (1999), Creative Interventions for Children of Divorce (2006), and Creative Interventions for Bereaved Children (2006). She is the editor of Assessment and Treatment Activities for Children, Adolescents, and Families (Volumes One through Three) and Creative Family Therapy Techniques. Her recently launched Cory series will include volumes that help children cope with issues of divorce, sexual abuse, and domestic violence. Liana is known as a dynamic speaker and presents trainings across North America and abroad.

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