



Nigella Express: 130 Recipes for Good Food, Fast

By Nigella Lawson

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Nigella Express: 130 Recipes for Good Food, Fast By Nigella Lawson

The Domestic Goddess is back--and this time it's instant. Nigella and her style of cooking have earned a special place in our lives, symbolizing all that is best, most pleasurable, most hands-on, and least fussy about good food. But that doesn't mean she wants us to spend hours in the kitchen, slaving over a hot stove. Featuring fabulous fast foods, ingenious shortcuts, terrific time-saving ideas, effortless entertaining tips, and simple, scrumptious meals, *Nigella Express* is her solution to eating well when time is short. Here are mouthwatering meals, quick to prepare and easy to follow, that you can conjure up after a day in the office or on a busy weekend for family or unexpected guests. This is food you can make as you hit the kitchen running, with vital advice on how to keep your pantry stocked and your freezer and fridge stacked. When time is precious, you can't spend hours shopping, so you need to make life easier by being prepared. Not that these recipes are basic--though they are always simple--but it's important to make every ingredient earn its place, minimizing effort by maximizing taste. Here too is great food that can be prepared quickly but cooked slowly in the oven, leaving you time to have a bath, a drink, talk to friends, or help the children with their homework--minimum stress for maximum enjoyment . . . *Nigella Express* features a new generation of fast food--never basic, never dull, always doable, quick, and delicious. Featuring recipes seen on Food Network's *Nigella Express* series.

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Editorial Review

Review

"Vivid and fresh... we would drive on the left side of the road to get to her molten-chocolate baby cakes."

"Ms. Lawson brings to life the sensual aspects of cooking, helping you understand not only what you are after, but also the pleasure of the journey."

"Nigella is an icon: a smart, sexy woman who promulgates the idea that it might be fun or even relaxing to make time to cook again...In Nigellaworld, the kitchen is not a science lab with rigid rules and formulas to follow. It's a place to play, sometimes with your friends and kids."

About the Author

Nigella Lawson is the author of *How to Eat*, *How to Be a Domestic Goddess* (for which she won the British Author of the Year Award), *Nigella Bites*, *Forever Summer*, and *Feast*. She has been profiled in the *New York Times Magazine*, *Gourmet*, and many other publications. She lives in London with her two children.

Users Review

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Charline Fendley:

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Agnes Shivers:

Playing with family in a very park, coming to see the marine world or hanging out with pals is thing that usually you have done when you have spare time, then why you don't try point that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Nigella Express: 130 Recipes for Good Food, Fast, you are able to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout men. What? Still don't get it, oh come on its identified as reading friends.

Paul Dubose:

In this era globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of sources to get information example: internet, paper, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. Typically the book that recommended to you personally is Nigella Express: 130 Recipes for Good Food, Fast this e-book consist a lot of the information of the condition of this world now. This specific book was represented how do the world has grown up. The vocabulary styles that writer value to explain it is easy to understand. The writer made some investigation when he makes this book. Honestly, that is why this book appropriate all of you.

Mary Fox:

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