



Jackson's Mixed Martial Arts: The Stand Up Game

By Greg Jackson, Kelly Crigger

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Jackson's Mixed Martial Arts: The Stand Up Game By Greg Jackson, Kelly Crigger

Greg Jackson is the most accomplished and celebrated mixed martial arts coach in the world. In *Jackson's Mixed Martial Arts*, he brings you into his stable of fighters, which includes UFC Welterweight Champion Georges "Rush" St. Pierre, UFC Light Heavyweight Champion Rashad Evans, UFC Light Heavyweight contender Keith Jardine, and UFC Middleweight contender Nate Marquardt. For the first time, he unveils his methods for developing fight strategies, detailing everything you must accomplish from the moment you sign the contract up to the time you step foot into the octagon. Next, he shares his arsenal of stand-up striking techniques that allow his fighters to dominate the world of mixed martial arts. He shares dozens of striking combinations, counterstriking combinations, takedowns, and throws. *Jackson's Mixed Martial Arts* also includes something no other technique book offers—a chapter on street fighting that was developed over several years of trial and error. If your goal is to rise to the top of the MMA mountain, *Jackson's Mixed Martial Arts* is a mandatory tool because it's written by a trainer who's taken several fighters there.

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Editorial Review

Review

"Jackson's ability to help his fighters reach their potential has made him one of the most respected trainers in the sport."—*Ultimate MMA*

About the Author

Greg Jackson is the world's number one MMA trainer. He has more than fifteen MMA champions in his stable of fighters, including Georges St. Pierre and Rashad Evans, and his athletes have won hundreds of grappling championships. Jackson lives in Albuquerque, NM.

Kelly Crigger is a Lieutenant Colonel in the US Army and is a columnist for *Fight!* magazine. He is the author of *Title Shot: Into the Shark Tank of Mixed Martial Arts*, which detailed his year-long journey through the world of professional fighting.

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