



Clinical Skills Review: Scenarios Based on Standardized Patients

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More cases = more success on your exam

When you take your clinical skills exam, every case you know counts. Prepare quickly and efficiently for your clinical exam with the updated third edition of this bestselling OSCE study guide. Written by Canadian doctors, *Clinical Skills Review* presents 134 cases based on scenarios you'll encounter on the **MCCQE II** and **CFPC certification** exams.

An essential resource for Canadian medical students and international medical graduates seeking a licence to practise medicine in Canada, *Clinical Skills Review* is also a valuable supplemental guide for the **USMLE Step 2 CS**.

Features of the new edition include:

- Comprehensive coverage of typical clinical situations.
- A systematic approach to clinical skills.
- Indexes of cases and medical abbreviations for easy reference.
- Time-tested mnemonics to help you excel on the exam.
- Aids for group study, since practice is the best way to prepare.
- Cases organized by categories found on the MCCQE II: Medicine, pediatrics, obstetrics and gynecology, preventive medicine and community health, psychiatry and neurology, and surgery.

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Editorial Review

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Introduction: How to use this book

Clinical skills exams--sometimes called "objective structured clinical examinations" or OSCEs--are a rite of passage for all physicians in training. These exams include the MCCQE II and the Certification Examination in Family Medicine in Canada, and equivalent exams in other countries such as the USMLE Step 2 CS in the United States.

This book is designed to help you prepare for these exams. Although simply reading through the cases in this book will be useful, the best way to study for a clinical skills exam is to practice. Groups of 3 or 4 work best, assigned to the following roles:

- **Candidate:** reads aloud a case from the list of cases at the back of the book. Reading aloud ensures that everyone knows the boundaries of the task. The candidate should then "perform the task" by formulating questions to ask the patient, or describing other procedures such as physical examinations or investigations, as required.
- **Examiner:** uses the notes for the case to formulate one or two pertinent questions to ask the candidate and to remind the candidate of any crucial steps they may have missed.
- **Observers:** help debrief the task. We recommend that observers pay particular attention to skills such as: communicating clearly and respectfully; setting appropriate priorities; engaging issues of medical ethics as needed; and resolving clinical situations that require the expertise of specialists.

Work through all the cases in the book in this way, changing roles each time.

Each case has time limit--either 5 minutes or 10 minutes--in keeping with the protocols for the Canadian clinical skills exams. In some instances, in an effort to be comprehensive, the cases set up more tasks than a candidate could realistically accomplish within the assigned time. It is still useful, however, to set a timer or stopwatch for the assigned time, to get a feel for "how long you have."

Take the time to work through all the cases thoroughly and thoughtfully, so start at least a few months in advance of the exam. This will allow you to use each case to its fullest--exploring different issues and questions that each could contain--and allow you to gain some level of comfort and confidence in the face of an otherwise stressful exam.

We have tried to avoid the use of jargon as much as possible. However, in the interests of space we have used a number of abbreviations, and we have listed these in the abbreviations section at the back of the book.

Medicine is famous for the number of mnemonics that students have developed over the years to remember certain aspects of history or management, and we have given these as appropriate throughout the book. Memorizing the most important of these should prove useful in situations where you need to think on your feet.

No book of this nature can ever be "complete." We encourage you to draw from other sources in preparing for your clinical skills exam. In particular, you should be familiar with advanced lifesaving (ALS) protocols, and should review general textbooks in each of the areas in which you will be tested.

Users Review

From reader reviews:

Jose Campbell:

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