

# 177 Mental Toughness Secrets of the World Class: The Thought Processes, Habits and Philosophies of the Great Ones

By Steve Siebold



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NEW EDITION: Is it possible for a person of average intelligence and modest means to ascend to the throne of the world class? The answer is YES! Not only is it possible - it's being done everyday. This book shows you how. Some of the Mental Toughness Secrets You Will Learn: Champions Lead Through Facilitated Introspection The World Class Compartmentalize Their Emotions The World Class Are Ferociously Cooperative The Great Ones Possess Supreme Self Confidence The World Class Embrace Metacognition The World Class Are Coachable Champions Know Why They Are Fighting The World Class Operate From Love and Abundance School Is Never Out For The Great Ones Champions Are Interdependent The Great Ones Are Bold Champions Are Zealots For Change The Great Ones Dont Give BackThey Just Give Champions Are Masters Of Mental Organization The Great Ones Only Negotiate Win-Win Deals Champions Seek Balance Champions Believe In Honesty The Great Ones Arent Afraid To Suffer Read more at http://www.mentaltoughnesssecrets.com



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#### **Editorial Review**

About the Author

Steve Siebold, CSP trains sales and management teams how to increase sales through his unique blend of mental toughness training. Salespeople learn how to control their thoughts, feelings, and attitudes before, during and after the sales presentation. Managers learn how become a mentally tough coach and leader with their sales representatives. Steve Siebold speaks from real world experience as a former professional athlete, national coach, and international businessman. He began studying Mental Toughness Training as a worldclass junior tennis player in the 1970's. Steve's clients include Fortune 500 companies such as Johnson & Johnson, Toyota, Procter & Gamble, GlaxoSmithKline, to name a few; as well as thousands of direct salespeople in 10 countries worldwide. Steve has been featured on The Today Show, Good Morning America, BBC Television Europe, NBC Australia, CBS, FOX, and dozens of other television, radio, newspapers and magazines around the globe. His books, video and audio programs have been sold in 30 countries around the world. Two of his four books on Mental Toughness are international best-sellers, and considered by many experts to be the gold standard in the field of psychological performance training for sales teams. As a professional speaker, Steve has been awarded the Certified Professional Speaker designation from the National Speakers Association. Steve ranks among the top 1% of income earners in the professional speaking industry worldwide. He is the author of 3 books: 177 Mental Toughness Secrets of the World Class / Coaching Mental Toughness / Die Fat or Get Tough. In December 2001, Steve was appointed to the National Charity Awards Committee, Chaired by President George W. Bush. Other committee members included Mery Griffin, Pat Boone, and Cheryl Ladd. Steve lives with his wife of 25 years, Dawn Andrews Siebold, in North Georgia on Lake Lanier in the summer and Palm Beach, Florida in the winter.

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