



## One Self

*By Nome*

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### One Self By Nome

One Self is a compilation of satsangs with Nome from May 4, 2003 to January 29, 2012. All the satsangs begin with silence, which reveals the true nature of the One Self—our true nature. Most satsangs then have a discourse on the nature of the One Self and instruction on how to practice Sri Ramana’s Self-Inquiry. Each discourse is followed by questions raised by devotees regarding their own practices and Nome’s response.

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## **Editorial Review**

### **Review**

*This reviewer is moved by the simplicity of Nome's style throughout the book. If one were to begin studying Advaita Vedanta, this book is an excellent supplement to the basic texts. Master Nome is a follower of Ramana Maharshi and this book is a fitting tribute to that saint of Arunachala.*

-- **Subhasis Chattopadhyay**, *Prabuddha Bharata (Journal of the Ramakrishna Order)*, April 2016

*Nome's simple style is striking, yet the in-depth information obtained on Advaita Vedanta makes it useful and enlightening supplement to the scriptures, along with paying homage to the saint, Ramana Maharshi.*

-- **Mrs Sheela Bhojwani**, *East and West Series*, December 2016

### **About the Author**

Nome, a sage who practiced self-inquiry for steady abidance in Self-Realization, is a spiritual teacher at Society of Abidance in Truth, known by the acronym SAT, which established and maintains a temple for Nondual Self-Knowledge in California. Nome teaches Advaita Vedanta, especially as is contained in the teachings of Bhagavan Sri Ramana Maharshi. These teachings are those found in traditional Advaita Vedanta as expounded by Adi Sankaracharya, Ribhu, and the Upanishads. Nome is a teacher of this spiritual knowledge, an author of the same, and a translator of Vedanta texts.

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