

## **Mercury Detoxification Simplified**

By William W. Rasmussen



#### Mercury Detoxification Simplified By William W. Rasmussen

THE TABLE OF CONTENTS IS IN THE AUTHORS SELF REVIEW. This book has updated information about how to detoxify the body of mercury safely without causing a healing crisis. A healing crisis is a result of more mercury being pulled out of the tissues into the blood stream than can be eliminated by the bowels, kidneys, skin and hair. This rise in blood mercury levels causes relocation to the brain and nervous system that results in symptoms. The sicker a person is the less effectively these organs of elimination are at getting mercury out of the body. All of the popular drugs like DMSA, EDTA, and DMPS will cause relocation of mercury to the brain in sick people but cause less of this effect in relatively healthy people who have had a mercury poisoning from a large work related exposure. The health food industry promotes unprocessed cilantro and chlorella which also have the unwanted effect of raising blood mercury levels. It is primarily people who have long term mercury accumulation from silver amalgam fillings and eating fish who have impaired ability to eliminate mercury from the body. My first book mentioned various protocols for mercury detoxification that could cause an increase in blood mercury levels. This new book was written to give the reader information as to how to do a safe detox that only lowers blood mercury levels. The sicker a person is the more important this new information is.



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#### **Editorial Review**

#### About the Author

The author has been studying holistic health approaches since he was 16. Many of these approaches and therapies are not as effective as the developer has claimed. They are obsolete and should not be used. But the practitioners using them learned about them from medical or naturopathic schools. They think that what they have been taught is the only effective approach for a given problem. Because of all the scammers in the natural health movement it is important to see if there are any studies supporting these old fashioned protocols. Often there arent.

#### **Users Review**

#### From reader reviews:

#### **Kimberly Pratt:**

Do you have favorite book? Should you have, what is your favorite's book? Publication is very important thing for us to know everything in the world. Each book has different aim or perhaps goal; it means that book has different type. Some people sense enjoy to spend their time and energy to read a book. They may be reading whatever they take because their hobby is usually reading a book. What about the person who don't like examining a book? Sometime, particular person feel need book after they found difficult problem or exercise. Well, probably you will need this Mercury Detoxification Simplified.

#### **Kenneth Flowers:**

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#### **Annie Resnick:**

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