



Hooked: New Science on How Casual Sex is Affecting Our Children

By Joe S. McIlhanev Jr., Freda McKissic Bush

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“I had no idea having sex as a teenager could affect the rest of my life.”

What does a three-pound brain have to do with one’s sex life? A lot, actually.

Breakthroughs in the burgeoning field of neuroscience explain the impact of sex on the developing brains of adolescents and young adults. Through scientific data put in layman’s terms, this book demonstrates that:

- Sexual activity releases chemicals in the brain, creating emotional bonds between partners.
- Breaking these bonds can cause depression and make it harder to bond with someone else in the future.
- Chemicals released in the brain during sex can become addictive.
- The human brain is not fully developed until a person reaches their mid-20s. Until then, it is harder to make wise relationship decisions.

Parents and others who care about young people now have the facts to steer them away from making life-changing mistakes, and lead them toward reaching their full potential.

This book will help parents and singles understand that “safe sex” isn’t safe at all; that even if they are protected against STDs and pregnancy, they are still hurting themselves and their partner.

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Editorial Review

From the Inside Flap

“Today, thanks to breakthroughs in neuroscience research techniques, scientists have been able to literally view the activity of the brain as it functions. With state-of-the-art mapping and imaging tools, researchers have unlocked a new world of data on what happens between your ears each day. In addition, new methods of tracking brain chemicals have allowed scientists to understand when and how much of these chemicals are released and how they influence behavior. We now have scientific studies about brain function and sexual thoughts and behavior that are not only fascinating but are true breakthroughs in our understanding of ourselves and the intriguing part of our behavior called sex.

And yes, this new science does establish once and for all that more happens during sex than physical activity or the transfer of secretions, sperm, or germs. What we now know from science is what some have been saying for years—that the largest and most important sex organ is the brain. In fact, the brain itself is being molded by sexual behavior.”

—From Hooked

From the Back Cover

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About the Author

JOE S. MCILHANEY JR., M.D., is a board-certified obstetrician/gynecologist. In 2001, Dr. McIlhaney was appointed to the Presidential Advisory Council on HIV/AIDS. He also serves on the Advisory Committee to the Director of the Centers for Disease Control and Prevention. Dr. McIlhaney has co-authored

over six books including *Hooked: New Science on How Casual Sex is Affecting Our Children*, and *1001 Health-Care Questions Women Ask*. Dr. McIlhaney resides in Austin, Texas with his wife, Marion.

FREDA MCKISSIC BUSH, M.D., is a board-certified obstetrician/gynecologist and a partner in private practice with East Lakeland OB-GYN Associates in Jackson, Mississippi. She currently serves as Medical Director of the Center for Pregnancy Choices Metro Jackson and the Henry M. Johnson Women's Resource Crisis Pregnancy Center. Freda spends much of her time speaking on sexuality and social behavior education. Her passion is to help women "raise a standard" to become who they were created to be. To that end, she teaches and encourages a lifestyle of abstinence until marriage and fidelity within marriage. She co-authored her first book, *Hooked*, with Dr. Joe S. McIlhaney, in 2008.

Users Review

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Angela Hampton:

Your reading 6th sense will not betray you actually, why because this *Hooked: New Science on How Casual Sex is Affecting Our Children* guide written by well-known writer who really knows well how to make book which can be understand by anyone who else read the book. Written with good manner for you, still dripping wet every ideas and publishing skill only for eliminate your current hunger then you still uncertainty *Hooked: New Science on How Casual Sex is Affecting Our Children* as good book not only by the cover but also from the content. This is one publication that can break don't determine book by its cover, so do you still needing a different sixth sense to pick this specific!?! Oh come on your reading through sixth sense already alerted you so why you have to listening to yet another sixth sense.

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