

Stop Caretaking the Borderline or Narcissist: How to End the Drama and Get On with Life

By Margalis Fjelstad


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People with Borderline or Narcissistic Personality Disorders are master manipulators; Caretakers fall for them every time. This book helps Caretakers break the cycle and puts them on a new path of personal freedom, discovery, and self-awareness, through the use of real stories and practical suggestions from a seasoned therapist.

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