



Heart Of A Lion: 14 Days of punching your porn addiction in the face

By Steven Maestas

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If you had the chance to take a tour inside the heart of a woman in the sex industry, what do you think you would find? Health? Wholeness? Joy? Love? Strong foundation? I doubt it. What I do think you would find is a heart destroyed by years of emotional, verbal or sexual abuse. Doubt, fear, lack of purpose, worthlessness, brokenness and emptiness are the wounds she carries around. If you could read the walls of her heart it might say: Why am I doing this? How did I get here? How do I get out? This definitely is not what I dreamed I would have become. Inside her heart you can feel the silence and see the hole that is in her life. It is an opening that fame or material possessions can never fill. So she does another scene, another dance, receives another paycheck, buys another outfit, trying to fill the void. Yet the barrenness remains. Stop looking at the outside actions and realize there is a beating heart on the inside. -Excerpt from Heart Of A Lion

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