



Diversity, Culture and Counselling: A Canadian Perspective

By

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Canada is one of the most diverse nations in the world. As counsellors increasingly deal with people from many different cultures and backgrounds, there is a need to shift from Eurocentric counselling theories and methods towards an approach that recognizes diversity and new world perspectives.

Bringing a fresh Canadian outlook to the field of multicultural counselling, this collection provides valuable information about many cultural groups in Canada with practical perspectives on subjects such as treating Muslim clients, the specific needs of Indo-Canadians, the role of traditional healing methods in Aboriginal cultures, and helping immigrant children cope with acculturation in the school system. Fully revised and updated, the second edition of *Diversity, Culture and Counselling* also includes brand-new topics on dealing with refugee trauma, working with people with disabilities, practicing yoga therapy, and harnessing the power of storytelling.

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