



Reclaim Your Soul: Your Journey to Personal Empowerment

By Cindy Trimm

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Take back your personal power!

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 1:2 NKJV)

Have you ever wondered...

If everyone wants to succeed, why do so few people become successful?

Can certain relationship patterns prevent me from stepping into my destiny?

Are there habits or behaviors in my life that keep me from fulfilling my purpose?

Develop the skills you need to succeed in life! While *The 40 Day Soul Fast* focused on the 40 characteristics of an authentic person, now bestselling author and empowerment specialist, Dr. Cindy Trimm delivers her follow-up—*Reclaim Your Soul*, which focuses on the 40 behaviors of a resilient person.

Learn how to:

- Identify destructive relationships in your life and break free from their harmful impact
- Avoid unhealthy emotional attachments and shield your soul from possible damage
- Unlock your potential and refuse to settle for anything or anyone that pulls you away from fulfilling your purpose

Successful people are resilient people. The key to resiliency is learning how to reclaim your soul each and every day!

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Editorial Review

About the Author

Dr. Cindy Trimm has dedicated her life to serving God and humanity. A best-selling author, high-impact teacher, and former senator, Dr. Trimm is a sought-after empowerment specialist, revolutionary thinker, and transformational leader. She has earned a distinguished reputation as a catalyst for change and voice of hope to the nations.

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From reader reviews:

Kiley Kaufman:

What do you in relation to book? It is not important to you? Or just adding material when you want something to explain what yours problem? How about your extra time? Or are you busy man? If you don't have spare time to complete others business, it is make one feel bored faster. And you have time? What did you do? Every person has many questions above. The doctor has to answer that question because just their can do which. It said that about book. Book is familiar in each person. Yes, it is proper. Because start from on kindergarten until university need this particular Reclaim Your Soul: Your Journey to Personal Empowerment to read.

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Melissa Conner:

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