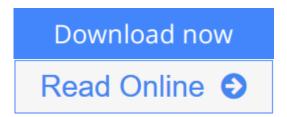


From Stuckness to Growth: Enneagram Coaching (Enneagram, MBTI & Anthony Robbins-Cloe Madanes HNP): How to read your coachees and transform their lives

By Yechezkel Madanes, Ruth Madanes



From Stuckness to Growth: Enneagram Coaching (Enneagram, MBTI & Anthony Robbins-Cloe Madanes HNP): How to read your coachees and transform their lives By Yechezkel Madanes, Ruth Madanes

This immensely practical book offers coaches, consultants, trainers, and therapists the necessary tools to transform their careers using the Enneagram, a sophisticated personality types system, as a basis for effective interventions. Packed with dozens of powerful ideas and creative strategies that can be put to use right away in your practice, this rich, comprehensive resource will help you learn:

- How to coach each of the nine personality types
- How to help each type shift from stuckness to growth
- How to work with each type's cognitive distorting filters
- How to use the Enneagram with the Robbins-Madanes model
- How to use the Enneagram with the Myers-Briggs Type Indicator
- How to help each Type overcome its key developmental obstacles, and much more...

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Editorial Review

Review

- "We highly admire the spirit and depth of the authors' approach to coaching with the Enneagram."
- -- **Don Riso and Russ Hudson,** authors of *Personality Types* and *The Wisdom of the Enneagram*.
- "Inspiring is the word I feel best describes this invaluable work!
- --Donny Epstein, Founder of Network Spinal Analysis, author of *The 12 Stages of Healing Myths, Healing Magic*
- "This practical, fluff-free coaching guide integrates the Enneagram, Human Needs psychology, and Jungian concepts in a single, easy-to-use guide. This is a wonderful resource for use with clients and also for oneself!"
- -- Dario Nardi, Phd., UCLA professor and author of Neuroscience of Personality
- "Excellent, smart and essential. From Stuckness to Growth is a well-organized, finely detailed synthesis of the Enneagram and MBTI and their complementary insights"
- --Tom Condon, author of *The Enneagram Movie & Video Guide* and *The Dynamic Enneagram: How To Work With Your Personality Style To Truly Grow and Change*
- "From Stuckness to Growth is a mindful, original, wide-ranging synthesis of the Enneagram with Jung's personality work."
- --Michael J. Goldberg, author of The Nine Ways of Working and Travels with Odysseus

About the Author

Ruth and Yechezkel Madanes, MA are certified professional life coaches who have been using the Enneagram as a key instrument in their practice for almost a decade. They have studied Strategic Interventions from Tony Robbins and Cloé Madanes at their Coach Training Program. Yechezkel and Ruth are President and Executive Director of the Madanes School of Enneagram Coaching, where they have developed a best-selling series of books and a widely acclaimed online certificate program and where they also consult, lecture, and conduct one-on-one coaching sessions. They have brought their innovative methodology to leading corporations and to thousands of school students, teachers, and parents in several countries.

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