



Everybody Wins: The Chapman Guide to Solving Conflicts without Arguing (Chapman Guides)

By Gary Chapman

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Every couple has disagreements. All too often, though, when we engage in arguments, our goal is not to resolve the conflict at hand, but rather, to win the fight. Unfortunately, when you win an argument, your spouse is the loser, and nobody wants to be or live with a loser. When you resolve a conflict, your spouse becomes your friend. Good marriages are based on friendship, not on winning arguments. Now, Gary Chapman provides couples with a simple blueprint for achieving win-win solutions to everyday conflicts and disagreements. By learning how to listen empathetically, respecting each other's ideas and feelings, and understanding why particular issues are so important to their spouse, couples can find solutions that result not only in resolving the conflict at hand, but also leave both partners feeling loved, listened to, and appreciated.

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Editorial Review

Review

"Narrator Maurice England skillfully leads the listener through a series of conflict resolution strategies by using case studies in which he role-plays the male and female partners' responses to conflict. His ability to use intonation in presenting his work with couples' conflict resolution creates a meaningful and sometimes funny listen, especially when he stretches his smooth therapist voice to imitate a female patient's reaction in a conversation. His emphasis on active listening as a skill in relationships informs his straightforward, coherent advice for creating a dynamic of conflict resolution that is easily understood and able to be practiced immediately."

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From the Back Cover

Conflict is inevitable. Arguing is a choice.

Every couple has disagreements. Unfortunately, when couples argue, the goal is not to resolve the conflict at hand but rather to win the fight. When one of you wins, the other loses-and nobody wants to be or live with a loser.

Trusted relationship expert Dr. Gary Chapman provides a simple blueprint to help you and your spouse achieve win-win solutions to everyday conflicts and disagreements. This will put an end to arguing once and for all and leave both of you feeling loved, listened to, and appreciated.

About the Author

Dr. Gary Chapman is the author of the best-selling 'The Five Love Languages' (more than 4 million copies sold) and The Four Seasons of Marriage. He is the director of Marriage and Family Life Consultants, Inc.; an internationally known speaker; and the host of A Love Language Minute, a syndicated radio program heard on more than 100 stations across North America. He and his wife, Karolyn, live in North Carolina.

Users Review

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