

## Biomechanics of Sport and Exercise, 3E

By Peter M. McGinnis



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Biomechanics of Sport and Exercise, Third Edition, introduces exercise biomechanics in concise terms that explain external forces and their effects, how the body generates forces to maintain position, and how forces create movement.



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Dr. McGinnis is also the biomechanist for the pole vault event for USA Track and Field. As a member of the American Society of Testing Materials, he serves as chair of the pole vault equipment subcommittee and the task group on pole vault helmets. He has authored numerous articles and technical reports about the biomechanics of pole vaulting and has been a reviewer for *Sports Biomechanics*, the *Journal of Applied Biomechanics*, *Research Quarterly for Exercise and Sport*, and the *Journal of Sports Sciences*.

Dr. McGinnis is a member of numerous professional organizations, including the American College of Sports Medicine, American Society of Biomechanics, and the International Society of Biomechanics in Sport. He received a PhD in physical education from the University of Illinois in 1984 and a BS in engineering from Swarthmore College in 1976.

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