



# The Psychiatry of AIDS: A Guide to Diagnosis and Treatment

By Glenn J. Treisman MD PhD, Andrew F. Angelino MD

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HIV/AIDS has become a psychiatric epidemic. The disease causes or exacerbates such psychiatric disorders as depression, dementia, schizophrenia, and bipolar disease. At the same time, the presence of a psychiatric disorder can lead to increased risk for HIV infection and worsen the prognosis of patients once they are infected.

Dr. Glenn J. Treisman, who has been described as the "father of AIDS psychiatry," describes the relationship between psychiatric disorders and HIV/AIDS and demonstrates the ways in which effective recognition and treatment of mental disorders can increase a patient's ability to obtain better treatment, improve compliance with medical regimens, and reduce incidents of high-risk behavior.

The book provides HIV/AIDS professionals with overviews of psychiatric disorders, including mood and personality disorders, mental retardation, substance abuse and addiction, and sexual disorders and dysfunction. It also provides mental health professionals with essential information on how to care for patients with HIV and those at risk for the infection. The book discusses psychopharmacology, psychotherapy and counseling, as well as adherence and compliance issues, and the relationship between psychiatric disorders and other STDs. Containing the most up-to-date information on diagnosis, prognosis, and treatment, this book draws on the authors' unrivaled experience and uses case studies to show HIV/AIDS professionals how psychiatric interventions benefit the patient, the medical team, and society as a whole. The cases are rich and engaging, and convey to the reader the intense disorder that can affect the lives of patients.

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**Editorial Review**

Review

A wonderful addition to not only the HIV treatment and management literature but also to psychiatry and primary care as a model of dealing with co-morbid chronic mental and medical illness. Drs. Treisman and Angelino have a refreshing and forward-looking view of psychiatry and the importance of its contribution to the overall care of patients.

(John Claro Onate, BS, MD *Doody's Book Review Service*)

A passionate and thought-provoking book.

(George Harrison, M.D. *Focus: A Guide to AIDS Research and Counseling*)

This text is a valuable clinical guide for skillfully diagnosing HIV/AIDS patients with co-occurring psychiatric disorders and conveys a healthy and productive approach to treatment. Whether you are simply seeking more information about the treatment of HIV/AIDS patients or want to enhance the treatment of your current HIV/AIDS patients, this dynamic text offers great benefit and hope.

(Michael Copenhaver *Addiction*)

This book should be in every physician's library, since it is essential for clinicians to be knowledgeable about this contemporary plague that will affect all of us either directly or indirectly... Both a basic primer and a superb reference for all psychiatrists and mental health professionals.

(Thomas N. Wise, M.D. *Psychosomatics*)

This is a gem of a book providing meaningful insights into the working of clinicians in a difficult area of general hospital psychiatry as well as serving as a textbook of AIDS psychiatry.

(Gopinath Ranjith *International Review of Psychiatry*)

Upbeat and optimistic, yet realistic and deeply human... This book is well worth reading... Informative, energizing, and inspiring.

(Marie-Josée Brouillette *Canadian Journal of Psychiatry*)

This is an important book, and it should be read by primary care physicians and psychiatrists alike.

(James J. Strain *Journal of Clinical Psychiatry*)

Glenn Treisman is one of the psychiatric leaders in diagnosis and treatment of persons with HIV. He has developed a perspective that is on the one hand somewhat unique to him, but on the other a very important one for healthcare providers especially those working in mental health settings.

(Igor Grant, M.D., San Diego School of Medicine)

This book is unique and Glenn Treisman can rightly be thought of as the 'father' of AIDS psychiatry. His view on the topic is compelling and he writes with great authority. This book makes a significant contribution to the management of an increasing number of patients who are living not only with HIV, but with mental illness and substance abuse as well.

(Judith Feinberg, M.D., University of Cincinnati School of Medicine)

About the Author

**Glenn J. Treisman, M.D., Ph.D.**, is the director of AIDS Psychiatry Services at the Johns Hopkins Medical Institutions and an associate professor of medicine and psychiatry at the Johns Hopkins School of Medicine.

**Andrew F. Angelino, M.D.**, is an assistant professor in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins School of Medicine.

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