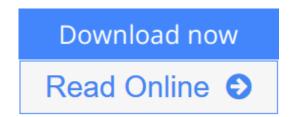


The Art of Thinking Clearly: Summary of the Key Ideas - Original Book by Rolf Dobelli

By Evolvo



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We all make mistakes in our everyday life, but we can learn how to make better decisions by identifying the cognitive biases that influence us. Rather than focusing on what we need to do in order to succeed, finding out what we should not do and eliminating errors is a much more effective method to achieve what we want.

Who should read this book:

- People who want to learn how to make better decisions.
- Anyone interested in finding out more about cognitive biases.
- Anyone who is interested in the subject of psychology and how our mind works.

In this summary:

- Chapter 1: Most of us are more irrational than we think
- Chapter 2: Information is interpreted in a way to make it fit our beliefs
- Chapter 3: We constantly make comparisons to determine the value of things
- Chapter 4: People commonly focus more on outcomes than the process to get there
- Chapter 5: Too many choices can make decision-making difficult
- Chapter 6: Working in groups often leads to social loafing
- Chapter 7: "Beginner's luck" can sometimes be mistaken for talent
- Chapter 8: "Social comparison bias" can affect the hiring process in companies
- Chapter 9: Fear of regret can influence us to keep the status quo
- Chapter 10: Avoid the planning fallacy by learning from past mistakes
- Chapter 11: Follow the "via negativa" approach to avoid cognitive biases
- Chapter 12: Final Summary

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Cheryl Phelps:

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