



## Neolithic Shamanism: Spirit Work in the Norse Tradition

By Raven Kaldera, Galina Krasskova

Download now

Read Online →

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova

A step-by-step guide to working with the spirits of ancient northern Europe

- Explains how to build relationships with Earth, Sun, Moon, Plants, Animals, Water, Fire, Craft, Air, and the Ancestors through 83 practical exercises
- Explores the role of altered states in spirit work
- Outlines the ancient cultural rules and taboos to avoid spiritual debt or offense

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.

 [Download Neolithic Shamanism: Spirit Work in the Norse Trad ...pdf](#)

 [Read Online Neolithic Shamanism: Spirit Work in the Norse Tr ...pdf](#)

# Neolithic Shamanism: Spirit Work in the Norse Tradition

*By Raven Kaldera, Galina Krasskova*

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova

A step-by-step guide to working with the spirits of ancient northern Europe

- Explains how to build relationships with Earth, Sun, Moon, Plants, Animals, Water, Fire, Craft, Air, and the Ancestors through 83 practical exercises
- Explores the role of altered states in spirit work
- Outlines the ancient cultural rules and taboos to avoid spiritual debt or offense

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.

**Neolithic Shamanism: Spirit Work in the Norse Tradition** By Raven Kaldera, Galina Krasskova  
**Bibliography**

- Sales Rank: #431367 in eBooks
- Published on: 2012-11-16
- Released on: 2012-11-16
- Format: Kindle eBook

 [Download Neolithic Shamanism: Spirit Work in the Norse Trad ...pdf](#)

 [Read Online Neolithic Shamanism: Spirit Work in the Norse Tr ...pdf](#)

## Download and Read Free Online Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova

---

### Editorial Review

#### Review

“Our modern world is hungry for Spirit, and this hunger leads to some dark places if it isn’t met by Spirit. The shaman’s path is the strongest means we have of addressing this hunger in a meaningful way. Kaldera and Krasskova offer a grand mix of tradition, magic, and reconstruction in service to a broad community. Those with a genetic, cultural, or spiritual link with northern European culture will find this book especially satisfying.” (*Kenn Day, author of Dance of Stones*)

“*Neolithic Shamanism* is a primer in the finest sense; it will prime you to get well started on this path. It is so thorough it can well be the first book of any you read about shamanism. It is also primary in a touching, inspirational sense: Raven and Galina have an almost childlike belief in the work and spirituality they love and teach, and they have the simple courage to tell us all, ‘This is For Real.’” (*Crow Swimsaway, Ph.D., author of Spirit Knife, Soul Bone*)

“*Neolithic Shamanism* approaches an ancient practice with modern sensibility; it is both a restructuring and reimagining of tribal practices for a modern world. Still, it is based on techniques as old as the human race, hallowing life in all its forms. I find that the book inspires hope as the authors gently lead their readers to one conclusion--there is no part of life that is not sacred.” (*Ócha’ni Lele, author of Sacrificial Ceremonies of Santería*)

“*Neolithic Shamanism* is an outstanding book, and I highly recommend it to anyone who wants to learn about shamanism. For those who want to study other traditions, it’s a wonderful jumping off point. For those who want to study the Norse tradition, this will be a priceless treasure you will cherish on your path.” (*Terry Donahue, Psychic-Magic Zine, March 2013*)

“Never has a book had a more profound and positive impact on my personal spirituality, than *Neolithic Shamanism; Spirit Work in the Norse Tradition*, by Raven Kaldera and Galina Krasskova...All in all, this is a book I cherish above almost all others. It brings forth aspects of Norse spirituality most don't see, and gives information about it you really can't find anywhere else. If you have any interest in Norse spirituality, I cannot recommend this book enough or more highly. Highly, highly recommend. This is a must read.” (*Jessica Elizabeth, Facing North, May 2013*)

“It is an entry-level book for anyone who wants to learn basic shamanic techniques from a northern perspective...While it is a very accessible book, there is plenty here to work with, especially if you choose to delve into a lot of the craft projects. These practices could provide years of experience and bring practitioners to the level where they can easily move on to a variety of intermediate books, or take further guidance directly from the spirits with whom they have built relationships.” (*Laura Gyre, Witches and Pagans, December 2013*)

#### From the Back Cover

#### SPIRITUALITY / SHAMANISM

“Those with a genetic, cultural, or spiritual link with Northern European culture will find this book especially satisfying.”

--Kenn Day, author of *Dance of Stones*

We are all surrounded by spirits. Many people feel called to work with them, but few know where to begin. Enjoined by the Gods and spirits to fulfill this need, Raven Kaldera and Galina Krasskova have reconstructed the indigenous spiritual traditions of northern Europe and Scandinavia extinguished more than one thousand years ago by the spread of Christianity. Arising from basic survival needs, these practical traditions are fundamentally tied to the elements found in the harsh world of the ancient North.

Beginning with the skills tied to the Earth element, necessary for grounding prior to the more demanding aspects of the practice--working with Sun, Moon, Plants, Animals, Water, Fire, Craft, and Air--the authors explain, step by step, how to build relationships with each elemental spirit and the Ancestors. Offering 83 practical exercises, from cleansing with the Moon or borrowing the legs of Reindeer to making sacred space with Mugwort or creating an ancestor altar, they also explore building spirit relationships through altered states. Emphasizing the proper management of your spirit relationships to avoid spiritual debt or offense, the authors outline the ancient cultural rules and taboos that circumscribe these practices, essential knowledge for successful and fruitful spirit alliances.

Detailing the beginning set of skills needed to work with the spirits of this ancient world, this comprehensive workbook offers a unique ancestral spiritual outlet for those of northern European descent as well as an accessible guide for anyone trying to fulfill their shamanic callings.

RAVEN KALDERA is a Northern Tradition shaman who has been a practicing astrologer since 1984 and a Pagan since 1986. The author of many books, including *Moon Phase Astrology* and *Pagan Astrology*, Kaldera lives in Hubbardston, Massachusetts. GALINA KRASSKOVA is a Heathen priest and Northern Tradition shaman with a master's degree in religious studies from New York University. The author of many books, including *Runes: Theory and Practice*, and coauthor with Raven Kaldera of *Northern Tradition for the Solitary Practitioner*, she is a columnist for *Witches and Pagans* magazine. She lives in New York's Hudson Valley.

#### About the Author

Raven Kaldera is a Northern Tradition shaman who has been a practicing astrologer since 1984 and a Pagan since 1986. The author of many books, including *Moon Phase Astrology* and *Pagan Astrology*, Kaldera lives in Hubbardston, Massachusetts. Galina Krasskova is a Heathen priest and Northern Tradition shaman with a master's degree in religious studies from New York University. The author of many books, including *Runes: Theory and Practice*, and coauthor with Raven Kaldera of *Northern Tradition for the Solitary Practitioner*, she is a columnist for *Witches and Pagans* magazine. She lives in New York's Hudson Valley.

## Users Review

### From reader reviews:

#### **Arlen Bullock:**

The book Neolithic Shamanism: Spirit Work in the Norse Tradition can give more knowledge and information about everything you want. Why then must we leave a very important thing like a book Neolithic Shamanism: Spirit Work in the Norse Tradition? A few of you have a different opinion about publication. But one aim that book can give many info for us. It is absolutely proper. Right now, try to closer with your book. Knowledge or data that you take for that, you are able to give for each other; you may share all of these. Book Neolithic Shamanism: Spirit Work in the Norse Tradition has simple shape however you know: it has great and big function for you. You can look the enormous world by start and read a e-book. So it is very wonderful.

**Irene Justice:**

Typically the book Neolithic Shamanism: Spirit Work in the Norse Tradition has a lot of information on it. So when you make sure to read this book you can get a lot of advantage. The book was published by the very famous author. The writer makes some research just before write this book. This kind of book very easy to read you can find the point easily after perusing this book.

**Christina Fitts:**

Playing with family inside a park, coming to see the water world or hanging out with close friends is thing that usually you will have done when you have spare time, after that why you don't try issue that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Neolithic Shamanism: Spirit Work in the Norse Tradition, you can enjoy both. It is excellent combination right, you still need to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't have it, oh come on its called reading friends.

**Tammy Paradis:**

The book untitled Neolithic Shamanism: Spirit Work in the Norse Tradition contain a lot of information on the idea. The writer explains the girl idea with easy method. The language is very clear to see all the people, so do not really worry, you can easy to read the idea. The book was written by famous author. The author provides you in the new age of literary works. You can actually read this book because you can read on your smart phone, or gadget, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice examine.

**Download and Read Online Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova #IG621WKA5UZ**

## **Read Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova for online ebook**

Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova books to read online.

### **Online Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova ebook PDF download**

**Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Doc**

Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova Mobipocket

Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova EPub

IG621WKA5UZ: Neolithic Shamanism: Spirit Work in the Norse Tradition By Raven Kaldera, Galina Krasskova