

Ignore the Guy, Get the Guy: The Art of No Contact : A Woman's Survival Guide to Mastering A Breakup and Taking Back Her Power - (Updated Version)

By Leslie Braswell

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Being single isn't what it used to be... Now it means you are smart, sexy and selective. It means you have options and do not have to settle when it comes to matters of the heart. You can be a strong woman who knows and appreciates what a man brings to a relationship, but will not settle for anything less than the very best.

Leslie Braswell's book "Ignore the Guy, Get the Guy: The Art of No Contact" is a Woman's survival guide to mastering a breakup and taking back her power.

Women can learn how to obtain the relationships they want by earning the love and respect from any man they choose and have the time of their lives in the process.

In this book you'll learn...

- Why silence is golden...
- What a man secretly expects after a breakup...
- Why a strong woman steals the show...
- How to prevent a man from losing interest...
- Why women lose the battle of the breakup...
- How to make him miss you...
- How to handle your emotions...
- How he broke up and what it says about him...
- How to handle a breakup through Facebook and Twitter...
- How to SKY ROCKET your self confidence...
- What the biggest attraction killer is...
- How to be on Mr. Ex's Mind...
- What you should do to get him back ...
- Fatal mistakes you might be making without knowing it...

If you've ever let yourself fall to pieces, cried, begged and pleaded for a man to take you back after a breakup, or if you have ever sought closure, you've never learned the art or the power of no contact.

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- Sales Rank: #7684 in eBooks
- Published on: 2013-04-04

- Released on: 2013-04-04
- Format: Kindle eBook

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Editorial Review

About the Author

Leslie Braswell is a best-selling author who loves to empower women with knowledge when it comes to matters of the heart. She does so through popular books like Ignore the Guy, Get the Guy: The Art of No Contact: A Woman's Survival Guide to Mastering a Break-Up and Taking Back Her Power and How to Be the Girl Who Gets the Guy. She and her husband, live in Texas with their children.

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