



Forest School and Outdoor Learning in the Early Years

By Sara Knight

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Outdoor learning continues to play an essential role in early years education, and this new edition of a bestselling book explores how the Forest School approach can be easily and effectively incorporated into early years practice.

Expanding on aspects of Forest School teaching, and drawing on new developments and policy changes within the field, this new edition also includes:

- a new chapter on working with parents
- greater coverage of the 0-2 age range
- new case studies to aid learning
- coverage of international approaches to Forest School

Yet again Sara Knight delivers an inspirational text for all those working in or studying early years education and care.

Sara Knight is an experienced early years educator and Senior Lecturer at Anglia Ruskin University. She is a trained Forest School practitioner and author of *Forest Schools For All* and *Risk and Adventure in Early Years Outdoor Play* (both published by SAGE).

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Forest School and Outdoor Learning in the Early Years By Sara Knight Bibliography

- Sales Rank: #1275110 in Books
- Brand: Sage Publications Ltd
- Published on: 2013-06-26
- Released on: 2013-06-17
- Original language: English
- Number of items: 1
- Dimensions: 9.53" h x .40" w x 6.69" l, .0 pounds
- Binding: Paperback
- 176 pages

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Editorial Review

Review

'Knight again offers a readily accessible publication style for forest preschool and school practitioners; she effectively weaves together case studies, practical insights and theory to create an engaging and informative reference. A new chapter highlights the importance of working with parents and carers and useful updates responding to the revised Early Years Foundation Stage Curriculum (EYFSC) are included'

-Dr Sue Elliott, Senior Lecturer Early Childhood Education, School of Education, Australian Catholic University

Sara provides evidence-based research as well as practical ideas through case studies. The book also shares the importance of being respectful of the environment, about keeping ourselves safe and changing attitudes about outdoor play to make it a priority in the early childhood curriculum. (Ros Cornish *Early Childhood Australia*)

About the Author

Sara Knight is a teacher and Forest School leader. She contributes to the development Forest School in the UK, publishing academic papers and books on the subject, and is a keynote speaker at conferences worldwide. Since retiring as a University lecturer she continues to play in the woods and write about it.

Users Review

From reader reviews:

Clifford Ranger:

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