



Dragons Touch: Weaknesses of the Human Anatomy

By Master Hei Long

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Drop your opponent in an instant with the deadly moves of the Dragon's Touch. Immobilize or destroy your foe with high-impact blows to the body's most vulnerable areas. Learn which angles to use in striking 43 major target zones. These pressure points are explicitly illustrated, and 165 photos guide you in attacking each spot with the moves of lian shi kung fu.

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Dragons Touch: Weaknesses of the Human Anatomy By Master Hei Long Bibliography

- Sales Rank: #440252 in Books
- Brand: Hei Long
- Published on: 1983-07-01
- Original language: English
- Number of items: 1
- Dimensions: 8.32" h x .51" w x 5.56" l, .59 pounds
- Binding: Paperback
- 184 pages

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Lillian Kea:

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