



# Discipline with Love & Limits: Calm, Practical Solutions to the 43 Most Common Childhood Behavior Problems

By Jerry Wyckoff, Barbara C Unell

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**Discipline with Love & Limits: Calm, Practical Solutions to the 43 Most Common Childhood Behavior Problems** By Jerry Wyckoff, Barbara C Unell

**You Can Manage Your Child's Behavior Problems with *Love & Limits***

***Discipline with Love & Limits* provides calm, practical solutions to the 43 most common childhood misbehaviors, like:** Whining, Temper Tantrums, Mealtime Meltdown, Too Much Screen Time, Bullying and Biting, Disobeying, Not Sharing, Resisting Bedtime, Getting Out of Bed, Leaving a Mess, Travel Meltdowns, Resisting Carseats, Talking Back, ...and many more!

**This amazing book has taught over 800,000 parents to more effectively manage the most common preschool behavior problems in a loving yet firm way. It now contains new information about, mindful parenting, teaching empathy and inclusiveness, reducing stress in your child's environment, increasing your child's frustration tolerance and ability to delay gratification, dealing with generational conflicts, and includes brand new sections on:**

- New brain research findings on the effects of spanking and threats on children
- New information on setting up an effective parenting team
- New techniques for establishing positive relationships with your children

**The easy-to-use text has been formatted like a first-aid manual for handling misbehavior. Each section includes:**

- A description of the “symptoms,” the causes, and a general approach to corrective action.
- Preventive steps to avoid the problem.
- Practical solutions for the misbehavior.

- Important information about what to do.
- A case history that shows how parents like you successfully handled the problem, using advice from this book.

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### **Editorial Review**

#### About the Author

Jerry L. Wyckoff, PhD is a licensed psychologist who has worked with children and families for over forty years.

Barbara Unell is a former columnist for the Kansas City Star, is a founder of Twins magazine and the school-based character education program "Kindness is Contagious... Catch It!"

### **Users Review**

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##### **Dolores Stiger:**

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##### **Alison McGowan:**

The book untitled Discipline with Love & Limits: Calm, Practical Solutions to the 43 Most Common Childhood Behavior Problems contain a lot of information on this. The writer explains the girl idea with easy approach. The language is very straightforward all the people, so do not worry, you can easy to read it. The book was written by famous author. The author gives you in the new period of literary works. You can actually read this book because you can keep reading your smart phone, or gadget, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site in addition to order it. Have a nice go through.

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