



Black Swan: The Twelve Lessons of Abandonment Recovery

By Susan Anderson

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Black Swan: The Twelve Lessons of Abandonment Recovery is a self help tool, a supplement for personal growth. "*Black Swan* is a symbol for healing, a spirit guide for overcoming the woundedness of adandonment."

Twelve lessons for healing from the loss of love, presented in an allegorical tale of a child who meets a magical black swan after she is abandoned in the forest by her father. This story within a story includes the author's own experience with loss. The book provides emotional and spiritual healing to those going through heartbreak, loss, and abandonment.

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Black Swan: The Twelve Lessons of Abandonment Recovery By Susan Anderson Bibliography

- Sales Rank: #51646 in Books
- Brand: Brand: Rock Foundations Press
- Published on: 1999
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x .50" w x 5.40" l, .35 pounds
- Binding: Paperback
- 111 pages

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Editorial Review

About the Author

Susan Anderson has devoted more than 30 years of clinical experience and research to helping people overcome abandonment trauma and its aftermath of self sabotaging patterns. Founder of the abandonment recovery movement, she reaches out through her websites, workshops, and media to share her methods of abandonment recovery with abandonment survivors from around the world. Anderson is author of four trailblazing books including Journey from Abandonment to Healing, Abandonment Recovery Workbook, and Taming Your Outer Child which guide people through a protocol specific to healing abandonment, heartbreak, and loss. People can contribute to Susan's ongoing research project by submitting (confidentially) your personal stories to her website <http://www.abandonment.net/submit-your-personal-abandonment-story>. The websites www.abandonment.net and www.outerchild.net reach out with help and information.

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